

Community Resilience Workshop

Sponsored by the West Adams Neighborhood Council (WANC)

Each of these 3-hour workshops is designed to educate community members about adverse childhood experiences (ACEs) and their relationship to trauma, trauma impacts on health and well-being throughout the lifecycle and multiple pathways for healing including using the Community Resilience Model (CRM).

Refreshments and door prizes

Tuesday, June 19th or Thursday, June 28th

<u>5:30-8:30pm</u>

Location: Vineyard Recreation Center 2942 Vineyard Ave., Los Angeles, CA 90016



Please register through Eventbrite:

https://www.eventbrite.com/e/community-resilience-workshop-tickets-46900190733